HOLY FAMILY MINISTRY Biblical Parenting "GENERATION ME"

Prayer

"Most loving Father, the example of parenthood, teach us what to give and what to withhold. Show us when to reprove and when to praise. Make us gentle and considerate yet firm and watchful. Give us the imagination to enter into our children world in order to understand and guide them. Give us all the virtues we need to lead them by word and example in the path of righteousness. Amen."

- Parenting, Protection of family and Building Strong Relationships with Young Adults (GenMe)
- Parenting Teens and Building Characters
- Developing Young Minds and Effective Child Discipline



Generation Me is anyone born in the 1970s, 1980s, or 1990s. I mean it more as a description than a label like "GenX" or "GenY." It describes people who take it for granted that the self comes first.

Generation Me has never known a world that put duty before self, and believes that the needs of the individual should come first. This is not the same thing as being selfish – it is captured, instead, in the phrases we so often hear: "Be yourself," "Believe in yourself," "You must love yourself before you can love someone else."

Mission Statement

Introduce parents to the biblical fundamental principles, to better understand themselves and their children, and grow in their family relationships. Develop practical ideas to support and guide parents and children to experience God's direction in their life.

Summary of 3 Sessions

Session 1

This generation has been profoundly shaped by **technology**, including the "Internet", "iMac" and of course "iPods". And Next Year "Jibo Robotics"

Understanding characteristics of GenMe and Establishment of Support Group of parents that would be proactively working together on topics of importance to the Holy Family.



Session 2:

Discussion:

- Model of raising healthy children
- What do Teenagers need?
- What should parents do now?



Session 3:

This session introduced parents to an awareness of children's brain and behaviour development. We briefly explored techniques and approaches to working skillfully with children aged 0-12 years.

